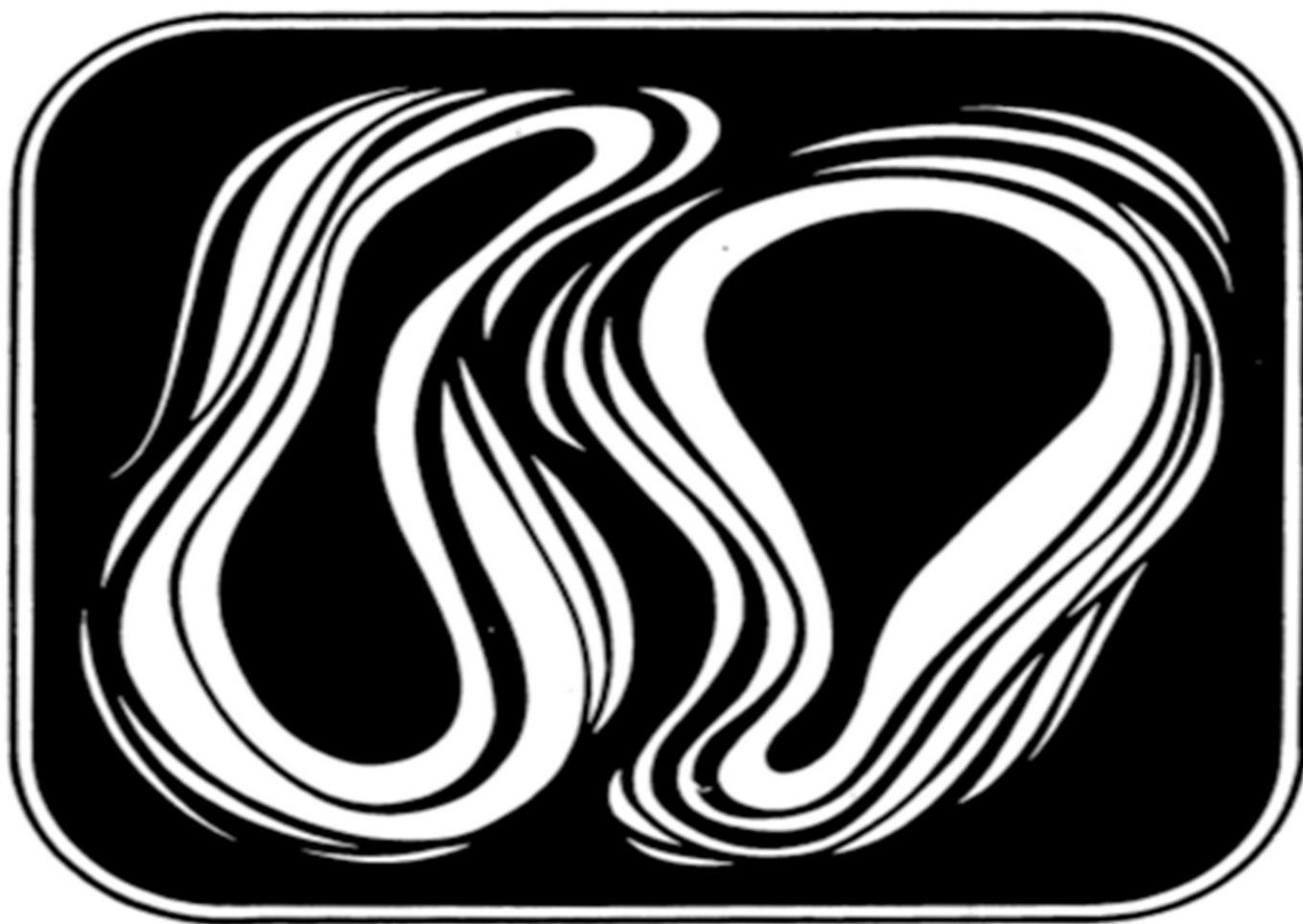


# Educating the Other Half:

*Dr. Ron  
Rubenzer*

# Implications of Left/Right Brain Research



*A product of the ERIC Clearinghouse on Handicapped and Gifted Children  
The Council for Exceptional Children*

**ERIC**

One-Minute

# BRAIN SCAN

## How to see “Eye to Eye”?

Dr. Ron Rubenzer

From 2017 ebook, *How the Best Handle Stress by Using your Head and Heart*

[www.drrubenzer.com](http://www.drrubenzer.com)

**All brains are created equal** (on average)- with the inborn capacity to learn any one of 6909 languages on earth. After a quarter century, your brain is so individually matured and sculpted, it is as unique as your facial features, or your finger prints. This can be a Good-Thing-Bad Thing. Your personalized 25 year old Brain, is delicately fine-tuned to help you navigate life’s many challenges. The down side is that the 25 year old level of brain maturity is THE ceiling for some (who stop cultivating their mind).

**Your brain is the most important organ in your body.** Thomas Edison is credited with saying the only purpose of your body is- to support the life of your brain. You have a hardwired ‘Brain-bias’. Everyone thinks that “the way they think” MUST BE THE CORRECT way- because the thought came from their very-own brain. But “Don’t believe everything you THINK.”

**Not seeing eye to eye?** Sometimes when we don’t see “eye to eye” it may be that the other person CAN’T Think like you. Why – because of possible brain wiring differences related to gender, age and sometimes handedness. Remember it’s not that the other person WON’T think like you, perhaps they CAN’T. It has also been suggested the brain doesn’t even finish its wiring until a person is about twenty five years! So give the benefit of the doubt to others -if they- just “don’t get it.”

**Seek Balance** to avoid “lopsided” mental development. Imagine if you will a champion-bowler, with his bowling arm twice as muscular as his non-bowling arm. Likewise “lopsided brain” development results from over-use of one brain style, to the neglect of the opposite -brain style- (Left Brain [unfeeling knowledge] or all Right Brain- [mindless arousal]).

**How to do your own Brain Scan – (For amusement only.)** The *only intent* of this quick brain scan- is to provide a launching point for discussion about everyone’s uniqueness and the need to accept other’s differences.

- Casually read each left brain/right brain style choice column:
- (They are not prioritized).
- Circle the one that seems *more* like you.
- It is all right to circle corresponding opposites if both describe you.
- Add the column totals (Write L= [for left brain column total]; R = [right brain]).
- The column (left or right) with more items circled suggests your thinking/feeling bias (left or right brain).

*Of course we think with our whole brain, just like picking up a glass of water involves a complex coordination of hundreds of actions, far beyond your hand wrapping around and picking up the cup.*

- For Lopsided bias (nearly all LB or RB) - tips are provided in each column to counterbalance underdeveloped talents.

# LEFT BRAIN

# RIGHT BRAIN

1. Emotionally positive (Hope)
2. Early Bird
3. Consistent
4. Demands "Response Correctness"
5. Doer
6. "Bottom-Liner" (summarizes)
7. Forced
8. Intellectual
9. Logical
10. Single-Tasker ("Rush-hour" driving)
11. Motivated by grades, income, security
12. Evidence seeking-- **factual questions** – (what, when, who, how, where?)

1. *Emotionally Negative (Despair)*
2. *Night Owl*
3. *Creative*
4. *Pushes for "Speed" of responses/ideas*
5. *Dreamer*
6. *"Whatever" comes to mind*
7. *Fluid*
8. *Artistic*
9. *Intuitive "feeling"*
10. *Multi-tasker (Children's Field Trip-chaperone)*
11. *Motivated by satisfaction, recognition, fame*
12. *Open-ended-speculative questions— (What if, why not, what's my life's purpose?)*

For Your Left Brain score

Please add this

**LB Column Total =**  
**\_\_\_\_/12**

**WHAT DOES YOUR  
SCORE SUGGEST?**

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For Your Right-Brain score

Please add this

**RB Column**  
**Total=\_\_\_\_/12**

**WHAT DOES YOUR  
SCORE SUGGEST?**

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If this LB is MUCH higher (8L/4R)  
than RB column--

**Be Alert to below:**

Over-correct-ness (always trying to provide more precise details) Interrupts/corrects.  
Impatiently saying - And the POINT IS?  
While person is talking this person is thinking-  
what clever thing - he'll say next.

**- To Improve** try to Remember-

It's better to be HAPPY than right (at home)

Watch for **Rigidity** (my way or highway)

Watch for HARDENING OF THE ATTITUDES

If this RB is MUCH higher (8R/4L)  
than LB column--

*Be Alert to below:*

*Drifting into Senseless Chatter (Stream of consciousness-stories with no "bottom line").  
Engages in Parallel talk when several talking at once, but no one listening.*

**To improve-** Keep in mind-

The faintest ink is better than the best memory

Watch for *Chaos* . "Why be normal?"

WATCH FOR -It's ALL Relative- (i.e. nothing is good or bad, but the mind makes it so!?)